SWALLOW SCHOOL January 2018 Lunch Menu

January 2018 Lunch Menu					
1		2 1 Tony's Cheese Pizza	3 1 Lasagna	4 1 Pepperoni or Cheese Pizza	5 1 Sloppy Jo on a Bun
New Year's Day!		2 Burger or Cheeseburger	2 Chicken Patty	2 Burger or Cheeseburger	2 Mini Corn Dogs
		3 Chicken Caesar Wrap	3 Combo Sub	3 Cheese & Cracker Plate	3 Crispy Chicken Salad
		MIni Pretzels Mixed Veggies	Breadstick Broccoli	Tri Colored Pasta Roasted Carrots	Potato Wedges Dessert
		Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch
1 8 1 Chicken	Nuggets	9 1 Grilled Cheese Sandwich	10 1 Chef Boyardee Ravioli	11 Pizza Thursday 1 Cheese Pizza	12 1 Hot Dog on a Bun
2 Breakfast Sandwich		2 Burger or Cheeseburger	2 Chicken Patty on a Bun	2 Burger/Cheeseburger	2 Yogurt Pak w/Bagel
3 Taco salad				3 Cheese & Cracker Plate	
Baked Fries		Tomato Soup Crackers Pudding Cup	Green Beans Dinner Roll	Breadstick	Baked Beans Potato Salad
Fruit & Vegetable Bar Included with Lunch		Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch
15		16	17	18 Pizza Thursday	19
1 Chicken O's		1 Ham & Cheese Waffle	1 Swedish Meatballs	1Sausage or Cheese Pizza	1 BBQ Riblet
2 Breakfast Sandwich		2 Burger/Cheeseburger	2 Chicken Patty on a Bun	2 Burger/Cheeseburger	2 Mini Corn Dogs
3 Taco Salad Potatoes Ole' Corn Niblets Fruit & Vegetable Bar Included with Lunch		3 Chicken Caesar Wrap	3 Combo Sub	3 Cheese & Cracker Plate	3 Crispy Chicken Salad
		Roasted Sweet Potatoes Green Beans	Fluffy Rice Spring Peas Homemade Cookie	Curly Noodles Caesar Salad	Three Bean Chili Corn Chips
		Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch	
1 22		23	24	25	26
	pread with Marinara		1 Pizza Casserole	20	20
2. Breakfas	st Sandwich	2 Burger/Cheeseburger	2 Chicken Patty on a Bun	Early Release	No School
3 Taco Salad 4 Tri Tators Ginger Carrots		3 Chicken Caesar Wrap	3 Combo Sub	No Lunch Served	
		Spicy Black Beans Corn Casserole	Dinner Roll Apple Crisp	No Eanon Gerveu	
	egetable Bar with Lunch	Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch		
20		20	31		
29 1 Orange Chicken		30 1 Baked Chicken Legs	1 Spaghetti with Meat Sauce		
2 Breakfast Sandwich		2 Burger or Cheeseburger	2 Chicken Patty		
3 Taco Salad		3 Chicken Caesar Wrap	3 Combo Sub		
Rice Pilaf Broccoli Florets		Whipped Potatoes Gravy Bacon-Maple Brussel Sprouts	French Bread Spinach Salad		
Fruit & Vegetable Bar Included with Lunch		Fruit & Vegetable Bar Included with Lunch	Fruit & Vegetable Bar Included with Lunch		